

WORLD SOUND HEALING DAY/ VALENTINE'S DAY

Guided Meditation/Crystal Healing Bowls Gathering

with Nancy Hopps

Sunday, February 14th, 2010 – 7:00 - 8:30 pm



In honor of **World Sound Healing Day and Valentine's Day**, I invite you to join me for a heart-opening evening of guided meditation and toning, as we join others around the globe in focusing the power of Unconditional Love for personal and planetary healing. Our shared intention will be greatly enhanced by the power of *eighteen* alchemical crystal healing bowls! Resonating with their power and sweetness, you will experience a truly transformative, other-worldly experience.

For those of you who may be asking, "**What *are* alchemical crystal healing bowls?**", let me simply say they are some of the most powerful, energetically transforming "tools" I've had the joy of experiencing. I believe sound healing is to this time in history what mind-body-spirit healing was to the seventies, eighties and nineties. Within a decade or two, I predict sound healing will become as widely accepted as many of the mind-body-spirit healing modalities – once thought "weird" and "woo-woo" - are now.

Having ridden the crest of the mind-body-spirit wave back then, I'm now feeling deeply called to ride this wave of sound healing, as it resonates its way into wider public awareness. I hope you can join us on Sunday, the 14th, at 7 pm as we are sonically transported by the bowls' powerful harmonic frequencies.

85098 Chezem Rd., Eugene 97405

For directions to The Healing Sanctuary, please email or call.

(Approx. 18 minutes from downtown Eugene...adapt your drive time accordingly,
...and/or Mapquest it if you prefer!)

Please RSVP by email or phone if you'd like to attend.

Plan to arrive a few minutes early, and carpool if possible.

nancyhopps@RelaxIntoHealing.com (541-683-9088)

- LOVE OFFERING BASIS -